

## Dubia Roach Blaptica dubia

## **Care Sheet**

**Average Size** 

1.5 - 2 inches long

Average Lifespan

1.5 - 2 years

**IMPORTANT:** Please be aware that we DO NOT recommend starting your own dubia roach colony. It is common for people to develop an allergy to dubia roaches with too much handling and constant exposure. You might save money long term, but it may not be worth the risk. Handling your dubia roaches in a well-ventilated room and wearing gloves and a respirator can help reduce the chances of developing an allergy. Our facility has been equipped with high quality air filtration and ventilation systems, and we always wear gloves and respirators to keep the risk to a minimum. Please note that the reactions will start with itchy skin, then move on to itchy eyes, congestion, and ultimately lead to respiratory issues. Let us provide your dubia roaches as you need them with minimal exposure and risk of developing allergies.

Diet

Dubia Roaches can eat a variety of fruits and vegetables as well a commercially available insect gut load.

**Feeding** 

Dubia Roaches are scavengers and require constant access to food and water.

Housing

**Habitat** - Dubia Roaches are found in Central and South America. They are commonly found in Costa Rica, French Guiana, Brazil, and Argentina.

**Size** - Dubia roaches should be housed in an enclosure with smooth sides to prevent climbing. Housing size depends on the number of individuals in the enclosure. A few roaches can be housed in a small plastic enclosure. A large colony would require an aquarium or large storage container with good ventilation.

**Substrate** - Depending on setup an absorbent substrate such as peat moss or coconut fiber works well to keep up humidity. Other keepers will use a bare bottom to help with cleaning.

**Temperature** - Temperatures between 75-95°F are perfect for Dubia Roaches.

Humidity - Roaches do best with a humidity of 60%.

**Watering** - The best way to provide water is with water crystals. Roaches can't swim well and will drown in an open water source.

**Lighting** - Roaches do not need UVB or light sources.



Follow us