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	Dart Frogs & Mantellas Dendrobatidae sp.,Mantellidae sp.
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Average Size	.5 - 2.5 inches long
Average Lifespan	20+ years
Diet	Dart Frogs and Mantellas are carnivores. They will eat a variety of small insects including small crickets, springtails, isopods, and fruit flies.
Feeding	Dart Frogs and Mantellas should be fed 2-3 times a week. Dust food with calcium powder every feeding, and a multivitamin once a week.
Housing	<b>Habitat</b> - Dart Frogs are native to Central and South America. While Mantellas are found on the island of Madagascar. Dart Frogs can easily be housed together with similar size tank mates. However, it is recommended not to mix species or color morphs. Make sure that multiple hiding spots exist in the tank to reduce stress on the frogs.
	<b>Size</b> - Dart Frogs and Mantellas can be kept in a 10-gallon tank for the entirety of their lives. A larger habitat would be recommended for multiple specimens. With multiple frogs per tank, each frog should be given 5-10 gallons of space. For 4 frogs an enclosure minimum of 20 gallons would be appropriate.
	<b>Substrate</b> - Dart frogs require and humid substrate. Most keepers use a naturalistic vivarium comprised of a mix of substrates. Most commonly used are peat moss, sphagnum moss, coconut fiber, coconut chunks, bark mulch as well as other organic materials.
	<b>Temperature</b> - Dart Frogs and Mantellas require an ambient temperature of 70° to 80° F. Temperatures over 85 ° F can result in stress, bacterial infections and potentially death.
	<b>Humidity</b> - Humidity for Dart Frogs and Mantellas should be a minimum of 80%. Glass tops on the terrarium will help with this. In drier environments this can be maintained using a fogger, hand mister, or misting system.
	<b>Watering</b> - Dart Frogs and Mantellas do not require a water bowl due to humidity requirements. If one is offered, make sure the water level is shallow. Dart Frogs and Mantellas are not good swimmers and can easily drown.
	<b>Lighting</b> - Lighting is not required for Dart Frogs & Mantellas. For live planted terrariums or aesthetics light may be used. Low strength UVB can be used to promote plant growth and act as an anti-microbial. There is no current proof that this animal requires UVB light, although some keepers prefer to provide UVB.
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