Central American Banded Gecko
Coleonyx mitratus

Care Sheet

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Average Size
4 - 5 inches long

Average Lifespan
10 - 20 years

Diet
Central American Banded Geckos are strict insectivores. Offer a variety of live insects including crickets, mealworms, waxworms, and cockroaches.

Feeding
Feed babies and adults daily, although some keepers will feed adults every other day. Dust food with calcium powder daily & a multivitamin once a week. Feed them the amount they will eat in 10 minutes. Worms can be left in the food bowl.

Housing
Habitat - Central American Banded Geckos are native across Central America. They come from a tropical environment. Multiple hide spots are ideal including access to a high humidity shedding box. This will allow them to properly shed their skin. Central American Banded Geckos may be kept alone or in pairs. If housed together geckos should be of similar size to avoid injury. Never house two males together in the same tank. Two females generally get along well. A male and female will likely breed if housed together.

Size - An adult must have a minimum cage size of 20" Long x 10" Deep x 12" High, also known as a 10-gallon tank. A screen lid is recommended for safety.

Substrate - Due to humidity requirements an absorbent substrate is desired. Sand mixed with peat moss or coconut fiber are preferred.

Temperature - A Central American Banded Gecko’s basking spot should be 90-95°F. The cool end of the tank can be as cool as 70°F.

Humidity - Mist the environment once to twice a day with a spray bottle. Humidity levels should be between 50% - 60%.

Watering - Provide a bowl of fresh drinking water at all times.

Lighting - Since this is a nocturnal species, it requires only one light bulb. This is the heat lamp which also emits UVA. There is no current proof that the animal requires UVB light, although some keepers prefer to provide UVB.

Plant and Fish bulbs are not UVB bulbs.