



Isopods (Rolly Pollies, Sow Bugs, Potato Bugs, Wood Lice)

Isopoda sp.

Care Sheet

Average Size

.25 - 2 inches long

Average Lifespan

1 - 3+ years

Diet

Isopods will eat on decomposing wood, leaves, and fruits and vegetables. Pieces of cuttlebone are also recommended to provide needed calcium.

Feeding

Isopods are scavengers and prefer having food available at all times. Replace fruit and vegetables regularly to prevent fruit flies and mold growth.

Housing

Habitat - Few species are found in dry woodland or savannah type habitats, but most are found in tropical areas and need a moist substrate. Isopods all live in dark, enclosed spaces and rarely venture out except for at night. Offer rotting logs, bark pieces and stones throughout the enclosure for hiding spaces.

Size - Isopods can be kept in varying size enclosures from small plastic enclosures to larger glass enclosures depending on size of Isopods and number of Isopods in the enclosure.

Substrate - Isopods like a moist, deep, soil substrate (peat, sphagnum, bark mulch) that will allow for them to burrow and properly molt.

Temperature - Temperatures between 68-72°F are perfect for most isopods.

Humidity - Isopods vary in humidity requirements, but most prefer humidity levels between 50-80%.

Watering - Water bowls are not needed for isopods. Isopods will obtain water from foods and occasional misting.

Lighting - Isopods do not need any specialized lighting. Lighting can be added for aesthetic purposes.



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