

European Legless Lizard

Pseudopus apodus

CARE SHEET



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Average Size 3 - 4 feet long **Average Life Span** 15 – 20 years

Diet Legless Lizards are carnivores. Offer a variety of live insects including crickets, mealworms, waxworms, and cockroach nymphs. Be sure to gut-load your insects before feeding them to your lizard. This can be achieved by feeding the crickets commercially available cricket diets. They will also eat small rodents such as pinkie mice.

Feeding Feed babies and juveniles once daily. Adults could also eat daily, although they may not eat as much as a younger lizard. Dust food with calcium powder daily & a multivitamin once a week. Feed them the amount they will eat in 10 minutes.

Housing Legless Lizards may be kept alone or in pairs. Never house two males together in the same tank. Two females generally get along well. A male and female will likely breed if housed together.

Size - An adult must have a minimum cage size of 36" Long x 18" Deep x 12" High, also known as a 30 breeder or a 40 gallon tank. A screen lid is recommended for safety.

Substrate - Due to humidity requirements and burrowing habits, an absorbent substrate is desired. Peat moss or coconut fiber are preferred.

Habitat - Legless Lizards come from Europe and Central Asia. The environment should be kept warm and semi-humid. They are a ground dweller and live in short grassland or sparsely wooded hills. There should be plenty of hiding places and foliage on the ground.

Temperature - A Legless Lizard's basking spot should be 90° - 95° F. The cool end of the tank can be as cool as 70° F.

Watering - Provide a bowl of fresh drinking water at all times. Legless Lizards require about 50 - 60% humidity. The cage should be sprayed once to twice daily with a spray bottle. Spray until the cage and decorations are dripping.

Lighting - Since this is a diurnal species, it requires two light bulbs. One is the heat lamp which also emits UVA. The second is a UVB lamp. The UVB lamp will specifically say UVB on the box. If the box doesn't say UVB, its not UVB.

Plant and Fish bulbs are not UVB bulbs.